

ACUPUNCTURE
WELLNESS LLC
BALANCE. HEALTH. WELLNESS.

PATIENT INFORMATION
(Please Print)

Name: _____

Street: _____

City: _____ State: _____ Zip: _____

Phone number (home) _____ (cell) _____

e-mail address _____

Sex: Male Female Date of birth: ____/____/____ Age: _____

Height: _____ Weight: _____

Marital Status: Single Married Partner/Significant Divorced Separated Widowed

Occupation: _____ Employer: _____

This office relies on word of mouth referrals. Please let me know how you heard about me so they can be thanked.

Referred By: _____

Family Physician: _____

I, as a patient hereby voluntarily request to receive treatment from **Acupuncture Wellness, LLC** or the assigned office staff personnel. I understand that this treatment may include Acupuncture, Tuina (therapeutic Asian remedial bodywork) cupping, herbs, nutritional supplements, homeopathic remedies, nutritional/dietary counseling, and lifestyle counseling. I also understand the acupuncture and cupping may sometimes cause bruising. I acknowledge that **no guarantees have been made** to me as to the effectiveness of these treatments. And I maintain the right to refuse any of the treatment methods that are suggested.

X _____ Date _____
Patient or Parent

CURRENT MEDICAL CONDITION:

Main problem(s) you would like to address: _____

When did you first notice any symptoms? _____

Is this the result of an accident or injury? _____

Is this condition interfering with your: Work Sleep Daily Routine Other: _____

List previous diagnosis and treatments for this condition: _____

Previous Doctor(s) seen for this condition: _____

MEDICAL HISTORY

Do you have a pacemaker? Yes No

For women only: Are you pregnant? Yes No

Are you allergic to any medications? Yes No If yes, which ones: Effect? Foods? Chemicals? Drugs? _____

Medication(s) you now take: Pain killers Sleeping Pills Muscle Relaxers Tranquilizers
 Blood Thinner High Blood Pressure Pills Birth Control Other

List Medications: _____

Do you take vitamins or minerals? _____

Do you take herbs? If yes, which ones: _____

List surgical operations you have had, and dates: _____

Do you exercise regularly? Yes No If yes, describe: _____

Habits/ how much? tobacco _____ coffee ___ cups/day tea ___ cups/day sugar salt food

caffeine cigarettes sex/masturbation soda ___ servings per day alcohol ___ servings per day

drugs _____ prescription or OTC (over the counter)

PATIENT MEDICAL HISTORY

How was your childhood health? _____

Hospital visits _____ Date _____

Surgeries or Operations _____ Date _____

Injuries (such as automobile accident, serious falls, sports injuries, broken bones, unconsciousness?)

Type _____ Date _____

Recent tests? (Please indicate test results and date administered)

Physical Cholesterol Blood Prostate HIV STD Pap Smear Mammography Other

Test results and date: _____

Check any conditions **you have/ had** in the past:

- | | | | | |
|---|---|--|---|---|
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> CVA (stroke) | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Low Blood Pressure | <input type="checkbox"/> Polio |
| <input type="checkbox"/> Allergies/Hay Fever | <input type="checkbox"/> Depression | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Lupus | <input type="checkbox"/> Rheumatic Fever |
| <input type="checkbox"/> Anorexia/Bulimia | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Hernia | <input type="checkbox"/> Measles | <input type="checkbox"/> Sexual Transmitted Disease (STD's) |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Digestive Problems | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Meningitis | <input type="checkbox"/> Syphilis |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Drug addiction | <input type="checkbox"/> HIV/AIDS/ Immune Disorder | <input type="checkbox"/> Migraines | <input type="checkbox"/> Thyroid Disorder |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Emphysema | <input type="checkbox"/> Insomnia | <input type="checkbox"/> Mononucleosis | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Back trouble | <input type="checkbox"/> Emotional Problems | <input type="checkbox"/> Irritable Bowel Syndrome | <input type="checkbox"/> Multiple Sclerosis | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Bleeding tendency | <input type="checkbox"/> Epilepsy/Seizure | <input type="checkbox"/> Jaundice | <input type="checkbox"/> Mumps | <input type="checkbox"/> Vein Condition |
| <input type="checkbox"/> Bursitis | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Nervous Disorder | <input type="checkbox"/> Weight Problems |
| <input type="checkbox"/> Cancer _____ | <input type="checkbox"/> Glaucoma | | <input type="checkbox"/> Paralysis | <input type="checkbox"/> Whooping Cough |
| <input type="checkbox"/> Chicken Pox | <input type="checkbox"/> Gonorrhea | | <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Chronic Fatigue Syndrome | <input type="checkbox"/> Headaches | | | |

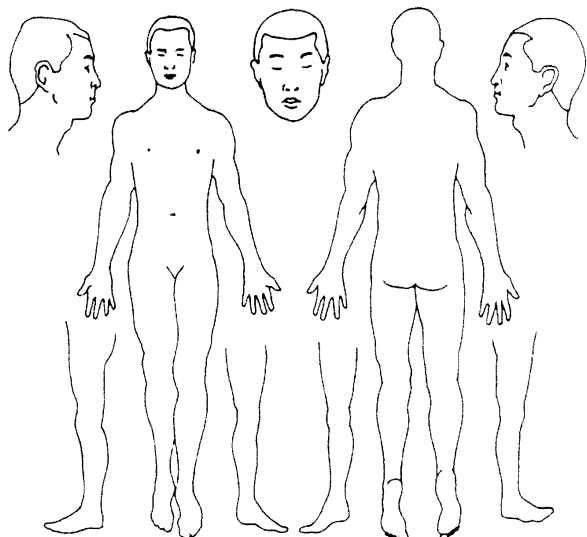
Family Medical History

Check the following that have **occurred in your blood relatives**

- | | | | | |
|--|--|--|--|--------------------------------------|
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Cancer | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Mental Illness | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Allergies | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Obesity | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Bleeding Tendency | <input type="checkbox"/> Heart Disease | | <input type="checkbox"/> Nervous Illness | |

Patient Profiles

Please clearly mark any area of Pain on the diagram below:



Is the pain?

- Sharp Burning Aching Cramping
 Dull Moving Fixed Other

Do any of the following **LESSEN** the pain?

- Pressure Cold Heat Exercise Other

Do any of the following **WORSEN** the pain?

- Pressure Cold Heat Exercise Other

ACUPUNCTURE
WELLNESS LLC
BALANCE. HEALTH. WELLNESS.

CONSENT TO TREAT

*Thank-you for choosing **Acupuncture Wellness LLC** as your health care provider.*

Please read the following and confirm that you agree to and clearly understand this agreement by signing below.

I, as a patient hereby voluntarily request to receive treatment from *Acupuncture Wellness LLC; or the assigned office staff, personnel* who are Licensed Acupuncture Physician in the State of Florida. Such practitioners are Primary Care Physicians with limited Prescriptive Rights. However, Licensed Acupuncture Physicians, Doctors of Oriental Medicine (AP, DOM) are **not** Medical Doctors (MD)

I understand that this treatment may include Acupuncture, Tuina (Asian therapeutic remedial bodywork) Cupping, Gwasha therapy, Moxibustion, thermal therapy/heat or cold, herbs, nutritional supplements, homeopathic remedies/Acu-point Injections, nutritional/dietary counseling, and lifestyle counseling.

Acupuncture involves the insertion of needles into various areas of the body known as meridians, stimulation of the needles after insertion by hand or incorporating an electrical stimulation device, may elicit a feeling of discomfort. I also understand the acupuncture needling and cupping may sometimes cause bruising.

Herbal formulas may be a part of my treatment plan. If I desire, I can refuse any herbal preparation.

The practitioner has been certified to perform Acu-point Injection Therapy by the state of Florida, which means they are allowed to administer the injection of homeopathic, and other nutritional vitamin supplements in the form of sterile substances, *these do not include synthetic drugs or pharmaceutical medications.*

I recognize that this **Agreement is NOT a warrantee or guarantee of results.** This agreement deals solely with procedural obligations. I acknowledge that **no guarantees** have been made to me as to the effectiveness of these treatments; and I maintain the right to refuse any of the treatment methods that are suggested.

I fully understand that by signing below, I am indicating that I have read and understood the information in this Consent Form; that I have been verbally advised and that I have had an adequate and reasonable opportunity to ask questions, that I have received all of the information I desire about the Practitioner and any and all Procedures, and that all of this information is mentally and physically clear to me, and that I authorize the practitioners of *Acupuncture Wellness LLC* to perform the Procedures.

If I do not sign this consent, treatment will be declined.

Patient's Signature:

Signed: _____ Date: ____/____/____

HIPAA Disclosure /Consent / Patient Questionnaire

Please list the family members or significant others, if any,
Whom we may inform about your Medical condition

ONLY IN AN EMERGENCY: Name and phone number

Emergency Contact Name _____ Phone _____

Please print the telephone number(s) and e-mail address

Where you want to receive calls about your appointments,
lab and x-ray results, or other information, postal consent if applicable

Phone# _____ e-mail address _____

Check appropriate boxes

- Okay to leave message with detailed information
- Leave message with callback number only
- Consent to mail via postal service
- Consent to e-mail or fax

Please list the family members or other persons, if any, whom we may inform about your general medical condition and your diagnosis (including treatment, payment and health care operations):

With my consent, **Acupuncture Wellness, LLC** may use and disclose protected health information (PHI) about me to carry out treatment and healthcare operations.

* Please refer to the Notice of Privacy Practices for a more complete description of such uses and disclosures; Having the right to review the Notice of Privacy Practices prior to signing this consent.

Acupuncture Wellness LLC reserves the right to revise its Notice of Privacy Practices at any time.

A revised Notice of Privacy Practices may be obtained by forwarding a written request to

Wes Eades, AP, DOM, Privacy Officer at 10595 County Road 229, Oxford, FL 34484-3360

With my consent, *Acupuncture Wellness LLC. or the assigned office staff personnel* may call my home or other designated location and leave a message on voicemail or in person in reference to any items that assist the practice in carrying out treatment and healthcare operations such as appointment reminders and any call pertaining to my clinical care, including lab results; amongst others.

With my consent, *Acupuncture Wellness LLC. or the assigned office staff personnel* may mail or e-mail to my home or other designated location any items that assist the practice in carrying out treatment and healthcare operations such as appointment reminder cards and patient statements and laboratory results as long as they are marked Personal and Confidential.

I have the right to request that *Acupuncture Wellness LLC* restrict how they use or discloses my PHI to carry out treatment and healthcare operations. However, the practice is not required to agree to my requested restrictions, but if it does, it is bound by this agreement.

By signing this form, I am authorizing and extending consent to **Acupuncture Wellness LLC** to use and disclosure of my PHI to carry out treatment and healthcare operations. I may revoke my consent in writing, except to the extent that the practice has already made disclosures in reliance upon my prior consent.

If I do not sign this consent, treatment may be declined to me.

X _____ Date ____/____/____
Signature of Patient or Legal Guardian

Print Name of Patient _____

ACUPUNCTURE
WELLNESS LLC

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AUTHORIZATION FOR RELEASE OF MEDICAL INFORMATION

I, _____
(Patient's name)

D.O.B. _____ LAST FOUR OF SS# _____

AUTHORIZE RELEASE OF CONFIDENTIAL INFORMATION REGARDING MY MEDICAL STATUS
aka: PHI (Personal Health Information)

ACUPUNCTURE WELLNESS LLC
10595 COUNTY ROAD 229
OXFORD, FL 34484-3360

TO:

(Name)

(Address) (Phone)

THE FOLLOWING TYPES OF INFORMATION ARE SPECIALLY AUTHORIZED FOR RELEASE:

EXPIRATION DATE OF THIS AUTHORIZATION: ____/____/____ NO Expiration

(Patient's signature) (Date)

(Witness's signature) (Date)

Our Notice of Privacy Practices provides information about our use of a patient's protected health information (PHI). The Notice contains a Patient Rights section describing your rights under the law. Patients have the right to access, inspect, and copy protected health care information used to make decisions about them.

**ACUPUNCTURE
WELLNESS** LLC

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**Notice of Privacy Practices
HIPAA COMPLIANCE**

Our Notice of Privacy Practices provides information about how we may use and disclose protected health information about you. The Notice contains a Patient Rights section describing your rights under the law. You have the right to review our Notice before signing this Consent. The terms of our Notice may change. If we change our Notice, you may obtain a revised copy by contacting our office.

You have the right to request that we restrict how protected health information (PHI) about you is used or disclosed for treatment, payment, or health care operations. We are not required to agree to this restriction (when required by LAW), but if we do, we shall honor that agreement.

By signing this form, you consent to; our use and disclosure of protected health information (PHI) about you for treatment, payment, and health care operations. You have the right to revoke this Consent, in writing, Signed by you. However, such a revocation shall not affect any disclosure we have already made in relevance on your prior Consent. The Practice provides this form to comply with the Health Insurance Portability and Accountability Act of 1996 (HIPAA).

Marketing

This office **will not use your health information for marketing communications** without your written authorization. However, this office may send birthday cards, newsletters and appointment reminders, by telephone calls, e-mail or postal mail. Please inform us if you do not want us to contact you for one of the above reasons. We **DO NOT** sell your information or share with unrelated companies.

The patient understands that:

- Upon written request you have the right to access, review or receive copies of your healthcare records. There is a fee of \$1.00 per sheet and this office will need 10 working days to process your request.
- Upon written request you have the right to receive a list of items this office disclosed about your healthcare information
- You have the right to request that this office place additional restrictions on disclosure of your Protected Health Information
- You have the right to receive all notices in writing.
- Protected health information may be disclosed or used for treatment, payment or health care operations.
- The Practice has a Notice of Privacy Practices and that the patient has the opportunity to review this Notice.
- The Practice reserves the right to change the Notice of Privacy Policies.
- The patient has the right to restrict the uses of their information but the Practice does not have to agree to those restrictions.
- The patient may revoke this Consent in writing at any time and all future disclosures will then cease.
- The practice may condition treatment upon the execution of this Consent.

I, _____, have read, reviewed, understand, and agree to the statement of Privacy for Healthcare services in this Office, this practice has attempted to provide each patient with a statement of privacy policies

X _____ Date ____/____/____
Signature of Patient or Legal Guardian

Print Name of Patient _____

**Clinic and Payment Policy
CANCELLATION POLICY and FINANCIAL RESPONSIBILITY**

Thank-you for choosing **Acupuncture Wellness LLC** as your health care provider.
Please read the following and confirm that you agree to and clearly understand them by signing below.

Fees for Services: I understand I am responsible for **All fees; at the time services are rendered. I acknowledge and accept full responsibility for all costs incurred.** Payment is made directly to *Acupuncture Wellness LLC* for the amount stated. Payment may be made by major credit cards, checks or cash.

For patients to take advantage of cost savings

- **Wellness Plans pricing: patients must pay for plans in full at the date of signature.**
In the event a refund is necessary; it will be provided by check and paid within 10 business days of a written termination request from the patient. The refunded amount will be based in this agreement for less the number of individual services rendered. The refunded amount will be calculated based on usual and customary schedule for each service rendered minus the last two treatments.
- **All Herbal Formula Special Orders must be pre-paid at the time of order.**
(No Refunds for orders once order has been placed)

Returned Checks: Checks that are returned for non-sufficient funds will incur a fee of **\$50.00**.

Appointments: Office visits are by appointment. Please call 407-300-5542 to schedule an appointment and the receptionist will ask about the reason for your visit. This helps schedule the physician's time more efficiently.

The clinic tends to be very busy, so booking appointments in advance are HIGHLY Recommended.

Please arrive ON TIME for your appointment or 20 minutes earlier for new patient. Patients who are late for any appointment may be asked to reschedule at the physician's discretion.

Reminder calls will be made 24 hours in advance

Cancellation Policy: Cancellations/Missed (Non-cancelled) and Late Appointments Policy:

To provide the highest level of treatment success; it is necessary to have consistent scheduling in place that is conducive to your health and healing; helping you to achieve your personal health care goals. The patients agree to keep all scheduled appointments to achieve maximum results from the treatment plan.

If you are unable to keep an appointment, we ask that you call prior to your appointment to reschedule, so that we may be able to tend to another patient during that time.

Appointments must be canceled within 24 hours of your scheduled appointment.
A fee at the rate of 50% for the appointment will be assessed to your account for late cancellations, missed appointments, and arriving more than 15 minutes past your scheduled time.

I fully understand that by signing below, I am indicating that I have read and understood the information in this Consent Form; that I have been verbally advised and that I have had an adequate and reasonable opportunity to ask questions, that I have received all of the information I desire about the Practitioners and any and all Procedures, and that all of this information is mentally and physically clear to me, and that I authorize the practitioners of Acupuncture Wellness LLC to perform the Procedures. If I do not sign this consent, treatment may be declined.

Patient's Signature: _____
(Please print Name)

Signed: _____ Date: ____/____/____

TCM Patient Profile

Overall Temperature (Kidney Function)

- Cold hands
- Cold feet
- Sweaty hands
- Sweaty feet
- Hot body temperature (sensation)
- Cold body temperature (sensation)
- Afternoon flushes
- Night sweats
- Heat in the hands, feet, chest
- Hot flashes any time of day
- Thirst
 - Crave cold (ice)
 - No desire
 - Constant drinking/sipping
- Desire hot or cold
- Perspire easily
- Lack of perspiration
- Take water to bed
- Sleepiness in the daytime
- Craves salty foods

Lung Function

- Nasal discharge (color) _____
- Cough
- Nosebleeds
- Sinus congestion
- Dry mouth
- Dry throat
- Dry nose
- Dry skin
- Allergies (to what?) _____
- Alternating fever and chills
- Sneezing
- Headache (location) _____
- Swollen hands
- Swollen feet
- Swollen joints
- Chest congestion
- Nausea
- Snoring

- Overall achy feeling in the body
- Stiff neck
- Stiff shoulders
- Sore throat
- Difficulty breathing
- Smoke cigarettes (#/day)
- Sadness
- Melancholy
- Crave pungent/spicy

Blood (Liver, Spleen, Heart Function)

- Dizziness
- Seeing floating spots

Spleen Function:

- Low appetite
- Excessive appetite
- No appetite at all
- Hungry but can't eat
- Abrupt weight gain
- Abrupt weight loss
- Abdominal bloating
- Abdominal gas
- Gurgling sound in the stomach
- Fatigue after eating
- Crave sweet/sugar
- Alcohol
- Prolapsed organs (previous diagnosed)
 - Which organs? _____
- Easily bruised
- Hemorrhoids
- Pensive
- Overthinking
- Worry

Taste in mouth _____

Spleen, Stomach,

Large Intestine,

Small Intestine Function:

- Loose
- Unformed
- Well formed
- Constipated
- Pebbly
- Incomplete
- Diarrhea
- Greasy

- Blood in stools
- Mucus in stools
- Undigested food in stool
- Foul smelling
- Explosive

Stomach Function:

- Burning sensation after eating
- Large appetite
- Bad breath
- Mouth (canker) sores
- Bleeding, swollen or painful gums
- Heartburn
- Acid regurgitation
- nausea
- Ulcer (undiagnosed)
- Belching
- Hiccoughs
- Stomach pain
- Vomiting

Liver, Gall Bladder Function:

- Alternating diarrhea and constipation
- Chest pain
- Tight sensation in the chest
- Bitter taste in the mouth
- Craves sour foods
- Anger easily
- Frustration /Irritability
- Depression
- Frequently unable to adapt to stress
- (What causes the stress?) _____
- Skin rashes
- Headache at the top of the head
- Tingling sensation
- Numbness
- Muscle spasms
- Muscle cramping
- Seizures
- Lack of bladder control
- Easily startled

Exercise:

- Everyday
- Frequently
- 3-5x/week
- 1-2x/week
- Infrequent
- Almost never

Heart Function:

- Palpitations
- Anxiety
- Sores tip of tongue
- Restlessness
- Mental confusion
- Chest pain traveling to shoulder
- Frequent dreams
- Nightmares
- Neurasthenia
- Wake up unrefreshed
- Craves bitter foods
- Drink coffee (# of cups per week?) _____

Mood:

- Great
- Good
- OK
- Depressed
- Sad
- Angry
- Frustrated
- Anxious

Sleep:

- Good/Fair
- Hard to fall asleep
- Hard to stay asleep
- Waking early
- Not able to fall asleep
- Restless
- Bad
- Pain not allowing sleep

Eyes (Liver Function)

- Itchy
- Bloodshot
- Hot
- Dry
- Watery
- Gritty
- Blurry vision
- Decreased night vision
- Near-sightedness
- Far-sightedness

Kidney, Urinary Bladder

Function:

- Frequent cavities
- Easily broken bones
- Sore knees
- Weak knees
- Cold sensation in the knees
- Low back pain
- Memory problems
- Excessive hair loss
- Low pitched ringing in the ear
- Kidney stones
- Bladder infections
- Wake during the night twice
- or more to urinate
- Discharge
- Difficult
- Painful
- Urgent
- Frequent

Urination

- Normal color
- Dark color
- Clear
- Reddish
- Cloudy
- Scanty
- Profuse
- Incontinence
- Strong odor
- Burning
- Painful
- # of times in day _____
- # times at night _____

Libido:

- Normal
- High
- Low

Energy:

- Abundant
- Great
- Good
- Fair
- Moderate
- Tired
- Fatigued

Exhausted